

# PSJ PERFORMANCE SCHEDULE



## Studio: FitLab at Dubai Creek

World Champion Experience
  BoxCardio2
  Skip Like The Silks

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6.00							
6.30	BoxCardio2	WCE	BoxCardio2	WCE	BoxCardio2	WCE	BoxCardio2
7.00							
7.30							
8.00						BoxCardio2	
8.30	Skip Like The Silks	BoxCardio2	Skip Like The Silks	BoxCardio2	Skip Like The Silks		WCE
9.00							
9.30							
10.00	WCE	Skip Like The Silks	WCE	Skip Like The Silks	WCE	WCE	
10.30							
11.00							
11.30						Skip Like The Silks	
12.00							
12.30							
13.00			BoxCardio2	WCE	BoxCardio2		WCE
13.30							
14.00							
14.30							
15.00		Skip Like The Silks	WCE	Skip Like The Silks	Skip Like The Silks		Skip Like The Silks
15.30							
16.00		BoxCardio2		BoxCardio2	WCE		BoxCardio2
16.30							
17.00			Skip Like The Silks				
17.30							
18.00							
18.30		WCE	BoxCardio2	WCE	BoxCardio2		
19.00							
19.30							
20.00							
20.30							
21.00							
21.30							

